

An abstract painting with a complex, layered composition. The background is a mix of warm tones like yellow, orange, and red, with cooler tones like blue and purple. There are thick, expressive brushstrokes and areas of white paint that appear to be layered on top of the other colors. The overall effect is one of dynamic energy and depth.

# LISPA

# NEO

I N S T I T U T E

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INTEGRAL  
MOVEMENT &  
PERFORMANCE  
PRACTICE

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## BERLIN

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SEASON  
2017/2018



W E L C O M E

# LISPA NEO INSTITUTE

The LISPA NEO INSTITUTE is an independent department of LISPA Berlin with a particular interest in exploring the nature of a creative process, which takes the dialogue with one's own body as the main point of reference for the creation of performances, rituals and any other form of creative expression. By emphasising qualities such as listening to the body that we are, by connecting with the embodied wisdom that we have and the shadow body which we avoid, the institute wishes to foster a process, which aims at the integral development of the individual as fully embodied artist and human being, integrating a growing awareness for personal autonomy, creative Self realisation and deep interconnectedness.

We address experienced practitioners with a background in devised performance, fine arts or writing, interested in deepening their artistic and personal process alongside their professional life through week long workshops or a full time program offered in modular form over 2,5 years. We also appeal to practitioners working with performance based healing practices, who wish to enhance their insights into the practice of embodiment and the process of devising as a movement towards Self realisation.

Integrating core concepts of archetypal psychology and the Jungian approach to personal growth, Jacques Lecoq's pedagogy on embodiment and masks and the initiatic process work of Maria Hippius, Integral Movement and Performance Practice offers a completely unique program for artists, educators and practitioners in the performance based healing arts interested in deepening their personal and professional development. Through movement, mask and ritual, through drawing, painting and sculpting, through reading, writing and critical reflection, through group work and one-on-one sessions, and most of all through the deep availability, courage and playfulness of each participant, we go on a journey into the shadowlands of our body to unearth and give voice, form or movement to the hidden stories, qualities and impulses, from which we have cut ourselves off. Through active imagination, improvisation and creative expression in all its different forms we will work with archetypal images, which reside in our collective subconscious and appear at different stages of our life journey as representations of inner psychic forces, which ask for integration. Rituals and sacred systems, mythical beings, archetypal motives, primordial creatures, soul, psyche and body and other dynamics of our personal and collective experience will be explored through mask, myth and movement, allowing group and individual access to their inner shadow land. A more embodied awareness will grow for un-lived qualities which ask for integration into one's own life, art and culture, or for too dominant inner dynamics which are obstacles on our way to growth.

The experiences of this process will then become a point of departure for performances, rituals, installations or any other form of creative expression, which will be informed by the richness of the artistic background and the depth of the personal process of each participant.

The integral nature of our programs, integrating life and art, body and soul, personal process and artistic research, offers each participant the opportunity for a unique experience together with fellow artists from around the world.

We look forward to meeting you !

**Thomas Prattki**  
Founder and Director  
Lispa Neo Institute

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[WELCOME@LISPA.CO.UK](mailto:WELCOME@LISPA.CO.UK)



**LISPA NEO**  
INSTITUTE

# INTEGRAL MOVEMENT AND PERFORMANCE PRACTICE

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**A GOOD  
TRAVELLER  
IS NOT  
INTENT ON  
ARRIVING**

Lao-Tze





# IMP SUMMER SCHOOL 2017

## \\ MOVING INTO THE SHADOW

07 - 11 AUGUST 2017  
MONDAY TO FRIDAY 10.00-16.00

COURSE FEE: 600,00 EURO

The workshop offers an introduction to the Jungian concept of the Shadow through mask, myth, movement and ritual. The shadow represents the unlived life within an individual or an entire society, which has been sacrificed for a personal or cultural ideal. One of the functions of art has always been to raise our awareness for the Unlived and to remind us of the necessity to integrate the shadow into our life. Working with mythological images and themes of the shadow, participants will be invited to look at their own Unlived and to discover pathways towards ownership and transformation of the "Forbidden and Forgotten". The workshop addresses mature practitioners in the field of movement-based performance, education and performance-based healing practices with experience in personal process work.

## \\ MEETING THE TRICKSTER WITHIN

14 - 18 AUGUST 2017  
MONDAY TO FRIDAY 10.00-16.00

COURSE FEE: 600,00 EURO

The workshop builds on the process of the previous week "Moving into the Shadow" and offers a playful introduction into the function of the ancient archetype of the Trickster, the bringer of chaos, wisdom and madness, as well as the guide into the Underworld. Reflecting on the role of the artist in contemporary society as well as on the function of the trickster in our own lives, the workshop offers participants over 5 days the possibility to connect through painting, movement, myth and ritual with the hidden world within, where the inner trickster, helper and healer resides. The workshop addresses mature practitioners in the field of movement-based performance, education and performance-based healing practices with experiences in personal process work.

This workshop is only open for participants who have completed the workshop "Moving into the Shadow".



# IMPP CERTIFICATE PROGRAM 2017-2020

## LEVEL 1

LEVEL 1 is comprised of 3 modules with a total of 10 weeks at the Eden Studios in Berlin. The time in-between the modules will give participants the possibility to enhance their understanding of the theoretical foundations of the program by working through a reading list. Level 1 will conclude with a weekend in residence outside of Berlin with both the group and the entire team. Successful completion of level 1 will lead to a certificate of successful completion of foundation level in IMPP.

### MODULE 1

20.11.-8.12.2017

INTRODUCTION TO THE JOURNEY

The 2 weeks will give initial introductions to the cornerstones of the program such as the practice of embodiment through movement, improvisation, painting, drawing and sculpting, post Jungian concepts of individuation and Self realisation, archetypal motives, the initiatic practice of Maria Hippius and zen meditation. At the same time participants get an insight into the structure of the work and the different components offered by different team members. And last but not least, these 2 weeks will give the group a first possibility to get to know each other - in the studio, but also during outings, where the group is invited to dive into the rich cultural landscape of Berlin.

### MODULE 2

26.2.-23.3.2018

AWAKENINGS

LIMINALITY IN ART AND LIFE


Each transition from one way of defining one's own identity, personal or cultural values to another begins with a state of ambiguity, anxiety and experiences of being "in-between". These experiences can be highly disorientating, but they can also be seen as awakenings, which ask us to move into new and unfamiliar realms, allowing the development of new perspectives and the emergence of new meanings and forms. During this module we will explore through mask, myth and movement in all its different forms those creative forces within our body, which call us to move out of the familiar into the Unknown, and also those deep rooted patterns, which oppose the movement towards Self realisation.

### MODULE 3

20.8.-14.9.2018

CROSSING THE THRESHOLD

From ancient myths we hear, that everybody wishing to cross from the known world into the new, unknown world, has to cross a threshold. It is the moment to say goodbye to everything one knows. At the threshold guardians await, testing the individual's readiness for the journey to come, helping with advice or trying to stop her/him from entering altogether. This module will invite participants to encounter mythological threshold guardians through mask, movement, painting and writing, but also to make contact with personal ones deeply rooted in our body. The module will culminate in the creation of threshold rituals developed and shared during the last week.



**IF THE PATH  
BEFORE YOU  
IS CLEAR, YOU  
ARE PROBABLY  
ON SOMEONE  
ELSE'S**

Joseph Campbell





# IMPP CERTIFICATE PROGRAM 2017-2020

## LEVEL 2

Level 2 is comprised of 2 modules of 7 weeks each. Both modules take place at the Eden Studios in Berlin.

While the first 4 weeks of each module will be dedicated to personal process work as in level 1, the final 3 weeks are given to each participant to create, devise and present a performance, which will be shared during the last week of each module. During the final 3 weeks each participant is supported in her/his process by the entire team.

Successful completion of level 1-2 will lead to a certificate of successful completion of advanced level in IMPP.

### MODULE 4

25.2.-12.4.2019

MOVING INTO THE SHADOW LAND

ILLUMINATING THE UNLIVED IN ONE'S OWN LIFE AND CULTURE

The Shadow Land is a metaphor for those realms within ourselves, where powerful and vital qualities which remain unlived for the sake of an ego ideal or particular cultural values, continue to exist in their repressed form. It is a place of hidden treasures, but also many dragons. During this module participants are invited to confront the shadow dragons we find in ancient myths, contemporary culture and our personal lives. Particular importance is given to the exploration of stories around body/mind dissociation, the feminine/masculine split and the descent into the shadow abyss for the meeting with The Other.

### MODULE 5

19.8.-4.10.2019

BREAKING NEW GROUNDS

THE ARTIST AS BRINGER OF NEW VISIONS

The inner journey aims at the reconciliation with vital forces such as the witch or the trickster, bringer of chaos, disorder and new visions. It is in reclaiming the creative strength of these repressed forces, that the personal and cultural splits can be healed. Participants are invited to experiment with the creation of chaos as a possible trigger for the emergence of new forms, as well as with the creative distortion of personal boundaries. This approach allows for a deeper awareness of one of the main goals of a personal and cultural process of differentiation and individuation - the celebration, integration and performance of the Strange, Untamed and Sublime.



# IMPP CERTIFICATE PROGRAM 2017-2020

## LEVEL 3

Level 3 is comprised of one final module, which gives participants the possibility to create and document a project in their home country or elsewhere, alone or with fellow artists from their group. Successful completion of level 1-3 will lead to a certificate of completed studies in IMPP.

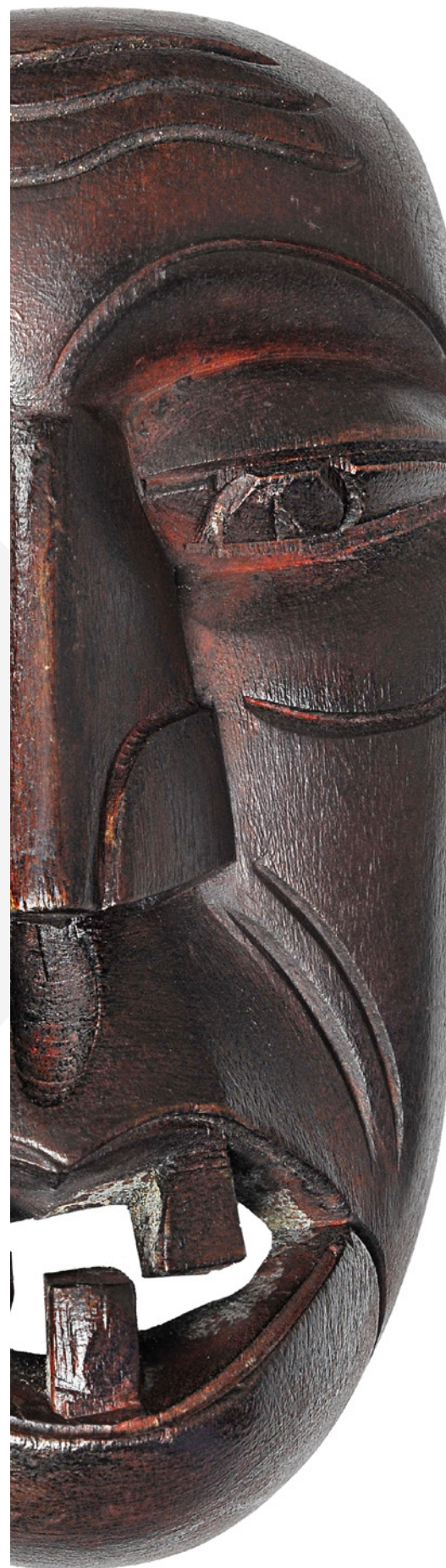
It is envisioned, that in 2018 the completion of level 1-3 will offer the possibility of obtaining an MA or MFA degree from Rose Bruford College in London.

## MODULE 6

TO BE COMPLETED BY 31.3.2020  
PERSONAL PROJECT

This final module allows participants to apply their experiences to a project of their own choice, whether it is an artistic, educational or academic project. While the participants can choose where the project will take place, they will be in regular contact with the team in Berlin. In early April 2020 the group will then meet for a last time to talk about their experiences and to celebrate the end of the program.

GRADUATION WEEKEND : 2.-5.4.2020



**I HATE THE WORD  
“PRODUCTION.” IT IS A  
CEREMONY, A RITUAL  
– YOU SHOULD GO  
OUT OF THE THEATRE  
MORE HUMAN THAN  
WHEN YOU WENT IN**

Ariane Mnouchkine





**THOMAS PRATTKI (GERMANY)**

Program Director, IMPP

Thomas is the founder and director of LISPA. He has been the pedagogical director of the Ecole Jacques Lecoq in Paris, where he studied and taught for 12 years. He has directed, lectured and taught in over 30 different countries around the world, pursuing his interest in the process of personal and artistic individuation. He has deepened his own personal and professional process for over a decade at the Duerckheim Center, a Jungian based institution for personal and spiritual development in the mountains of the Black Forest in Germany. In addition to his journey at LISPA, he works internationally with professionals in the educational and healing arts interested in personal and professional development through an integral approach to movement, playfulness, performance and Self awareness. After 30 years of living abroad, he returned to his native Germany in 2015 to create LISPA's satellite campus in Berlin, and to launch the new program in Integral Movement and Performance Practice. Thomas leads the core process of IMPP.

**VALENTINA BORDENAVE (ARGENTINA)**

Valentina Bordenave is a freelance dancer, choreographer and, since 1998, a certified Alexander Technique teacher. She is a graduate in dance from the Folkwang University in Essen, Germany.

With over 20 years of experience as a dancer and movement teacher, Valentina has been actively researching the integration of mechanics and poetry of the body. Now based in Berlin, her work has a strong focus on the body support system, spatial and energetic awareness, intense physicality and utmost sensitivity. As well as holding workshops and training for dance and theatre companies, she teaches Alexander Technique, dance and improvisation at Familie Flöz Summer Academy and for the past ten years at the Acting Department at Berlin's University of the Arts (UDK).

As a performer, Valentina has worked with the choreographers Mark Sieczkarek and Editta Braun among others.

In 2014 she founded the international Collective ANDERPLATZ with nine other actors and dancers, where she directs and performs.

**ABIGAIL DOOLEY (UNITED KINGDOM)**

Abigail is a theatre director, teacher, performer and scriptwriter, specialising in devised theatre. She trained at East 15 drama school, Ecole Philippe Gaulier and LISPA (IMPP Course 2014/15). She has performed, directed and devised with many companies including Compagnie Philippe Gaulier, Keith Johnstone, Spymonkey, Told by an Idiot, Peepolykus and Trestle Theatre Company. Over the last 25 years, she has taught extensively at drama schools and universities, including Mountview, ALRA, Royal Court Young People's Theatre, and Middlesex University. As a scriptwriter, she won the Sitcom Mission Competition and has a sitcom in development with Hat Trick Productions. She has made a number of short films and has recently filmed a TV sitcom pilot with Spymonkey Theatre Company.



**ARIEL GUTIERREZ (ARGENTINA)**

Originally from Buenos Aires, Ariel has a background in international politics, Literature and Performing Arts. He studied at the Ecole Internationale de Theatre Jacques Lecoq in 1996 and joined LISPA in 2011, where he completed the Advanced Devising Practice program as well as the pedagogical training. An active collaborator with companies in the US, Europe and Latin America, he also holds a PhD in Modern Languages and Literatures from the University of Miami with an emphasis on Performance. His dissertation "Scenic Landscapes: The theater in the global city" explores the relation between globalization, theater and nonconventional performance spaces.

**PHILIPP SCHAEFER (GERMANY)**

Philipp is an actor, clown and licensed TaKeTiNa Rhythm Teacher. An alumnus of Jacques Lecoq, he has performed his show "stäch rhythmclown" in street theatre festivals all over Europe. As a teacher he has worked at theatre schools and universities such as LISPA, Universität für Musik und darstellende Künste (Vienna) and Bayerische Theaterakademie August Everding (Munich). He is a drum circle-facilitator and works as well with Himalayan singing bowls. "Rhythm is my tool as a clown and as a teacher in order to create a space for new experiences and personal development. There is no need to learn a new instrument, since you are the instrument. You will find out how to play it in the best possible way."

**KELLEY SOUL (UNITED STATES)**

Kelley trained as an actor, director and dramaturg at the University of Northern Colorado, before completing her MFA in Actor Created Physical Theatre at Naropa University (USA) in collaboration with LISPA. Before moving to Europe, she performed with a number of US-based theatre companies, devising experimental work, whilst working as an arts-in-education activist with the Denver Center for the Performing Arts. Kelley completed the pedagogical year at LISPA in 2004, and has taught with the LISPA team since 2005. She is also a visual artist, working primarily in acrylic, ink and watercolour, and has a deep interest in the creative space that is opened when different artistic and educational practices meet and transform.

**GUEST FACULTY:**

TBC





# THE EDEN STUDIOS

**THE IMPP PROGRAM WILL TAKE PLACE IN BERLIN, GERMANY AT THE Eden Studios.** The studios are part of Dock11&Eden, an international center for dance, theatre, performance, music and film, offering studios and rehearsal spaces across Berlin for production, presentation, training and education totaling more than 4000sqm.

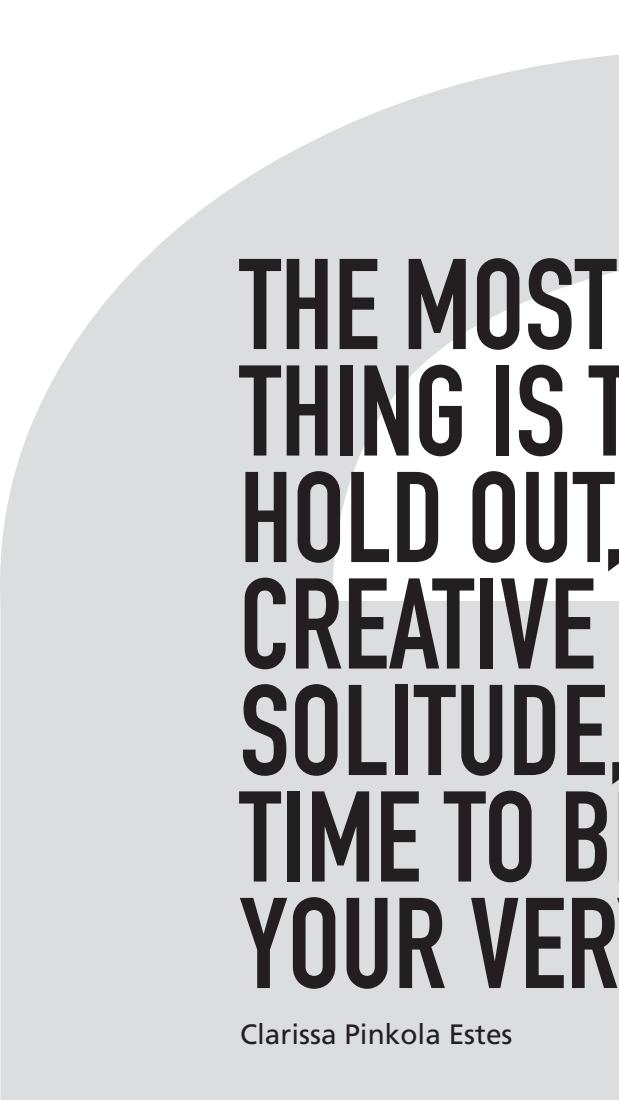
The Eden Studios are located in the leafy district of Berlin Pankow, right next to the trendy area of Prenzlauer Berg with its cafes, bars and restaurants. You can easily reach the studios by public transport and the center of Berlin is less than a 10 minute tube ride away. Eden offers five new studios between 150- 300sqm with



wooden sprung floors and amazing views of the surrounding park. The Eden has also a café with an outdoor terrace for sunny days and offers catering with vegetarian food.

**THE CITY OF BERLIN IS CONSIDERED TO BE ONE OF EUROPE'S MOST "cutting edge" capitals.** Well known for its liberal lifestyle and postmodern zeitgeist, Berlin is youthful, artistic and "hip" and has everything to offer one would expect from an international metropolis. At the same time, the city remains one of the world's most affordable places for students, with relatively low costs





**THE MOST IMPORTANT  
THING IS TO HOLD ON,  
HOLD OUT, FOR YOUR  
CREATIVE LIFE, FOR YOUR  
SOLITUDE, FOR YOUR  
TIME TO BE AND DO, FOR  
YOUR VERY LIFE**

Clarissa Pinkola Estes





*"As an experienced theatre practitioner I was feeling depleted and found myself repeating well-trodden creative paths. I wanted to dig deeper into the creative process. The IMPP course offers a fascinating, unique and groundbreaking program. It took me on a journey of creative discovery, both personally and professionally. The combination of core ideas of Lecoq's pedagogy, essential elements of the Jungian concept for personal growth and the initiatic process work of Hippius and Duerckheim opened up new creative pathways. The course offered insights into my personal creative process and how to connect it to my professional journey and, at the same time, illuminated our approach to the world and one another. I discovered a new creative language offering a rich, deeply personal knowledge that is vivid, truthful and expansive. The teachers are incredible. Their expertise, generosity and support – outstanding. They encouraged us to work outside our comfort zones, to experiment and to take risks. I leave the course with the ability to access a rich, exciting and endlessly creative universe that I previously didn't know existed."*

*"IMPP is truly unbelievable, a unique training you won't find anywhere else. The modules developed me in all directions: as an artist, as a person, as a teacher. Thomas is an authentic Master teacher – inspirational and challenging."*

*"The living design of this course ignited a field beyond my rational mind and I had access to my body imagination in ways I had never experienced before. IMPP spoke directly to my own realm of creativity and the access I had to it lead me beyond what I thought I knew already to unexplored worlds of performance. My ear was being tuned to listen to what forms wanted to emerge from my inner life, from the space within, rather than imposing an already existing theatrical form on to it which was within my comfort zone. Anything is possible, yes. On IMPP every thing has permission. That is where the mind blows and the creative potential rockets sky high. I know no greater gift than the invitation to embody which is "forbidden" in a shared quest towards integration, healing and a completely new way of devising your own work."*

*"This has been the course I always wanted to do and I have been lucky to find exactly what I needed. I had the possibility to embrace those qualities of myself I always tried to hide and to discover how they actually nurture my creative growth. When I started to integrate them I discovered the immense possibilities I have within myself and how they support my personal and artistic process. I highly recommend this course, if you want to discover more about who you are and how these personal discoveries impact your way of creating art. You need courage to do it!"*

*"As a working practitioner and a parent, I really appreciated the chance to work in a shorter, modular format - I couldn't see how it would be possible otherwise due to the logistics of organising time away from my partner, young family and job. What I didn't expect was how helpful the time between modules was for the entire process - I was able to step back from my own relentless drive to accumulate more skills, and allow the experiences of each module the space to develop, digest, and resonate throughout my 'everyday' life as well as my creative life. What a blessing, to really discover these two 'lives' are one and the same!"*





## SHORT COURSES 2017

MOVING INTO THE SHADOW 7.-11.8.2017	600,00 EURO
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MEETING THE TRICKSTER WITHIN 14.-18.8.2017	600,00 EURO
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## CERTIFICATE PROGRAM 2017-2020

LEVEL 1-3	10.500,00 EURO
LEVEL 1-2	9750,00 EURO
LEVEL 1	5000,00 EURO

## HOW TO APPLY

Applicants for the IMPP certificate program, who have not completed any other workshop or full time program at LISPA, should have participated in at least one IMPP workshop, giving both sides the opportunity to get to know each other before a final decision about being accepted into the program is made.

Additionally we ask you to send us the following documents:

## CURRICULUM VITAE

Please send us a description of your training and experiences so far.

## LETTER OF MOTIVATION:

Please send us a handwritten letter explaining your motivations for being interested in the course.

## FINANCIAL STATEMENT

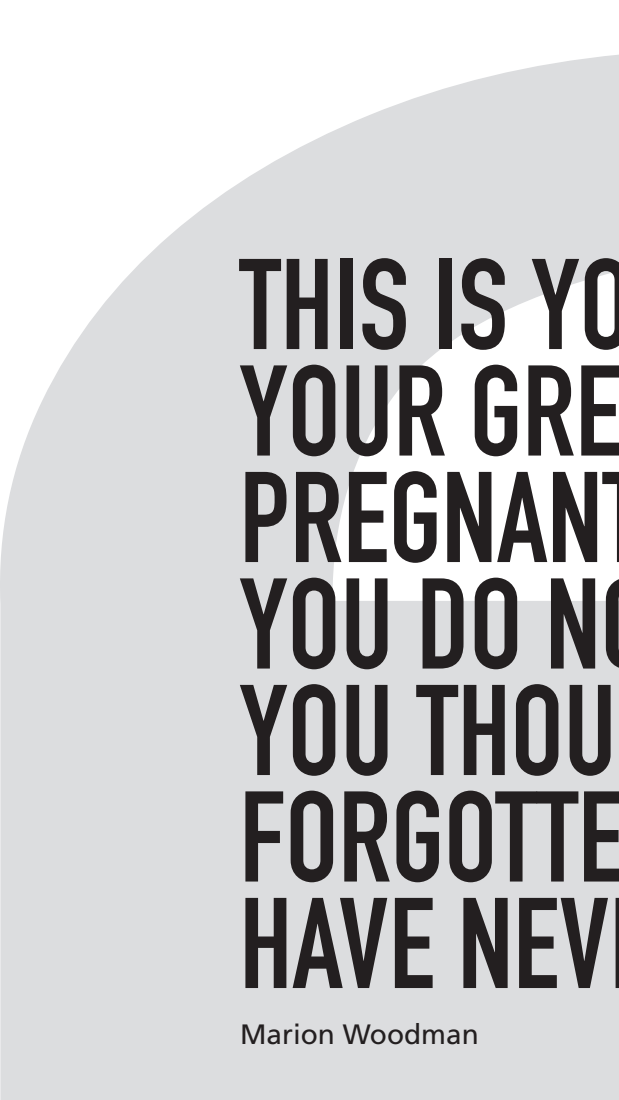
Please let us know how you intend to pay for the program.

## A PHOTO

Please send us a passport photo for our files.







**THIS IS YOUR BODY,  
YOUR GREATEST GIFT,  
PREGNANT WITH WISDOM  
YOU DO NOT HEAR, GRIEF  
YOU THOUGHT WAS  
FORGOTTEN, AND JOY YOU  
HAVE NEVER KNOWN.**

Marion Woodman

